

Real Deal Boxing Workout

4-Week Specialty Series w/ Jason Barnett & Judy Taavon

Join us for this exciting workout and train like a pro. Jason is an active professional boxer with 23 professional bouts and numerous amateur titles. He has been featured on ESPN and Pay-Per-View. Team taught with our Group Fitness Coordinator, Judy, Crystal Light Aerobics Champion.

Palm Harbor Wellness Center
Wednesdays, 6:30-7:30pm, September 8-29

4-week series cost:

Members \$35

Guests \$45

Please sign-up at the front desk or call (727) 772-2222.

**Payment must be made at the time of sign-up
in order to reserve your spot.**

Class size is limited to 10 participants.