

Community Lectures

March 2009

Skin Cancer and Melanoma, an Unpleasant Reality of Living in The Sunshine State

Monday, March 2, Noon
Morton Plant Mease Outpatient Center–Trinity, Community Room
Robert Davidson, MD, General Surgeon
Cynthia Jensen, DO, Medical Oncologist
Natalie Monticciolo, DO, Dermatologist

This panel of physician specialists will discuss the diagnosis, management and treatment of skin cancer (specifically melanoma). In addition, free skin cancer screenings will also be conducted by Dr. Monticciolo and her staff. Lunch will be provided.

Cholesterol: The Good, the Bad and the Ugly

Tuesday, March 3, 11am
Mease Countryside Hospital,
Meeting Rooms 4 & 5
John Klonaris, MD, Cardiologist

During this lecture, you will be provided with an overview of cholesterol and its components. You'll also learn about what each of us can do on a practical level to alter these factors including lifestyle changes that have a major impact on heart disease prevention.

Hips, Knees and Shoulders: Origin of Pain and Potential Surgical Outcomes

Thursday, March 5, Noon
Ptak Orthopaedic and Neuroscience Pavilion, Conference Center, Suite 114
George Morris, MD, Orthopaedic Surgeon

Learn about general orthopaedic conditions and injuries and find out the most common origins of hip, knee and shoulder pain.

Locations listed on back.

Advanced Treatments for Scoliosis

Monday, March 9, 6pm
Mease Countryside Hospital,
Meeting Rooms 1-3
Samuel Joseph, MD, Orthopaedic Surgeon

Learn about the causes of scoliosis in adults. Discussion will include the latest advancements and treatment options including minimally invasive procedures.

Minimally Invasive and Outpatient Surgery for Spinal Stenosis

Wednesday, March 11, Noon
Ptak Orthopaedic and Neuroscience Pavilion, Conference Center, Room 114
Michael Piazza, MD, Orthopaedic Surgeon

There are new options available for minimally invasive treatment of lower back pain, sciatica and spinal stenosis. These procedures can help patients regain their ability to stand and walk comfortably, increase their endurance and become more active again.

Weight Loss Surgery: A Serious Approach to a Serious Problem

Wednesday, March 11, 6pm (includes nutrition class)
Morton Plant Hospital, Tuttle Auditorium
Richard Gordon, MD, and John Paul Gonzalvo, DO, General Surgeons

Thursday, March 12, 6pm
Mease Countryside Hospital,
Meeting Rooms 1-3
Theodore Small, MD, General Surgeon

Have you been unsuccessful at diet and exercise programs, and do you have obesity-related health conditions such as diabetes, high blood pressure, osteoarthritis, sleep apnea or GERD? Learn about weight loss surgery, including gastric bypass and LAP-BAND® procedures.

Listen to This Before Buying a Hearing Aid

Thursday, March 12, 2pm
PTAK Neuroscience and Orthopaedic Building, Conference Center, Room 114
Alan Sutherland, AuD, Audiologist

Find out what you should do when seeking help for hearing problems, what is involved in hearing testing and how hearing aids may help you. Free hearing screenings will be offered following lecture.

Are You At Risk For Sudden Cardiac Death?

Thursday, March 12, 6pm
Morton Plant Mease Outpatient Center–Trinity, Community Room
Eric J. Crall, MD, Family Medicine

Sudden cardiac death often occurs in active, healthy people who have no known heart disease or other health problems. However, most victims do have heart diseases or other heart problems, although they may not know it. Learn about risk factors associated with sudden cardiac death and the latest technology for screening to determine your risk.

Joint Replacement in Sports-Active Patients

Wednesday, March 18, Noon
Dr. Alan Hughes, MD, Orthopaedic Surgeon
Ptak Orthopaedic and Neuroscience Pavilion, Conference Center, Room 114

Are you a lifelong sports participant? Learn if joint replacement may be in your future. Emphasis will be placed on athletic performance and endurance in the wake of newer surgical techniques.

Continued on back.

Community Lectures

Risk Factors for Heart Attack and Dispelling the Myths of Pacemakers and Implantable Defibrillators

Tuesday, March 24, Noon
Cheek-Powell Heart and Vascular Pavilion, Room B
Ronald L. Walsh, DO, Cardiologist

In this informative lecture, learn who is at risk for Sudden Cardiac Death and what you can do with your physician's help to protect yourself. Topics such as pacemakers and defibrillators will be discussed.

Latest Advances in the Treatment of Prostate Cancer and Enlarged Prostate

Wednesday, March 25, Noon
Bardmoor Medical Arts Building, Conference Center, Room 120
Craig Barkley, MD, Urologist

Learn about the latest treatments for enlarged prostate. You'll also find out how robotic technology is improving prostatectomies by reducing incision size and pain, lowering the incidence of impotence and urinary incontinence, and shortening recovery time.

Principles to Guide Your Child's Health Care: When to See the Pediatrician

Wednesday, March 25, 6pm
Morton Plant Mease Outpatient Center-Bardmoor, Medical Arts Building, Conference Center, Room 120

Laura Arline, MD, Pediatrics
Brent Becklin, MD, Pediatrics
Paul Mikus II, MD, Pediatrics

Join this interactive lecture with Bardmoor pediatricians and learn when it is appropriate for you to take your child to the pediatrician. Also, you'll learn about the social, emotional and physical development of your child from birth to teens. Light refreshments will be served. Childcare available at the YMCA location in Morton Plant Mease Outpatient Center-Bardmoor.

CHF: What It Is and Who Is at Risk

Monday, March 30, Noon
Ptak Orthopaedic and Neuroscience Pavilion, Conference Center, Room 114
Vijay Patel, MD, Cardiologist

Learn what congestive heart failure is, what the symptoms are and about treatments that are available, which include diet and medication compliance.

Diabetes Community Series

The series is open to all interested persons at no charge. A series of educational sessions about diabetes is sponsored by Morton Plant Mease Diabetes Education Center.

This series complements formal diabetes education ordered by your physician. Diabetes classes are offered at Morton Plant, Mease Countryside and Mease Dunedin Hospitals, and Trinity and Bardmoor Outpatient Centers. Classes are covered by Medicare and most private insurers. Check with your insurance company to verify coverage, deductibles, copay and coinsurance.

For dates, times and to register, call (727) 734-6060.

Schedule of Sessions

Mease Countryside Hospital sessions will be held from 10-11am in the meeting rooms on the lower level.

March 5
Day-to-Day Self Management Skills; Susan Carbone RN, CDE

Morton Plant campus sessions will be held from 10-11am at the Cheek-Powell Heart & Vascular Pavilion in the Community Room.

March 18
Foot Care; Dr. Joel Epstein, DPM

March 25
Day-to-Day Self-Management Skills; Sheryl Ferris, RN, CDE

Locations

BARDMOOR MEDICAL ARTS BUILDING
8839 Bryan Dairy Road, Largo

CHEEK-POWELL HEART AND VASCULAR PAVILION
AT MORTON PLANT HOSPITAL
455 Pinellas St., Clearwater

MEASE COUNTRYSIDE HOSPITAL
3231 McMullen Booth Road
Safety Harbor

MORTON PLANT HOSPITAL
300 Pinellas St., Clearwater

MORTON PLANT MEASE OUTPATIENT CENTER-TRINITY
2102 Trinity Oaks Blvd., Trinity

PTAK ORTHOPAEDIC AND NEUROSCIENCE PAVILION
AT MORTON PLANT HOSPITAL
430 Morton Plant St., Clearwater